

# Incentive Cycle Deadlines Overview



**COLORADO**

**STATE OF HEALTH**

State Wellness Program

Complete Action Plan & Attend Skill Group By:	Receive \$20/mo Incentive In Your Payroll:	Receive Notification To Start Next Action Plan:
November 15th	January	September
March 15th	May	January
July 15th	September	May

## Incentive Cycle



- Receive 12 months of your \$20/month incentive, regardless of which cycle you complete the requirements.
- You may begin your Action Plan in one cycle but not complete the Action Plan & Skill Group by the deadline. Simply continue on to complete requirements in the next cycle.
- Do not “reapply” for a new program year. The notification for the 2<sup>nd</sup> year will be sent to you with a new Action Plan to complete.
- All participants should be logging in with the Member Portal link:  
**[myhealthbreak.com/go/StateofHealth](https://myhealthbreak.com/go/StateofHealth)**
- Please note: as part of your Year 1 Action Plan, you must visit your Primary Care Provider and attest to completing the visit within the last 12 months.  
*Attestations will be audited for accuracy throughout the year.*